|  |  |
| --- | --- |
|  |  |
|  |  |

|  |  |  |  |
| --- | --- | --- | --- |
| Identified Need (or Challenging Situation) | Stressors or Escalating Factors | Goal | Supportive Interventions |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |

**Appendix:**

*Fig. 1. Window of Tolerance Diagram*

Diagram

Description automatically generated

<https://www.attachment-and-trauma-treatment-centre-for-healing.com/blogs/understanding-and-working-with-the-window-of-tolerance7>

*Fig 2. Principles of Trauma-Informed Approaches to Care*

Text

Description automatically generated

<https://www.cdc.gov/cpr/infographics/6_principles_trauma_info.htm>