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| Identified Need (or Challenging Situation) | Stressors or Escalating Factors | Goal | Supportive Interventions |
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**Appendix:**

*Fig. 1. Window of Tolerance Diagram*



<https://www.attachment-and-trauma-treatment-centre-for-healing.com/blogs/understanding-and-working-with-the-window-of-tolerance7>

*Fig 2. Principles of Trauma-Informed Approaches to Care*



<https://www.cdc.gov/cpr/infographics/6_principles_trauma_info.htm>